

As of: 11<sup>th</sup> May 2010

- April 10<sup>th</sup> **5280 Swim** (One Mile) Raleigh, NC – Contact Marty Gaal at [marty@osbmultiposport.com](mailto:marty@osbmultiposport.com) or (407-256-2658). See website: [www.triangleopenwater.com](http://www.triangleopenwater.com)
- April 17<sup>th</sup> **Tampa Bay 24 Mile Swim in Tampa, Florida** ... [www.distancematters.com](http://www.distancematters.com) or call (727-531-7999)
- May 2<sup>nd</sup> **Nanticoke River Swim** (3 Mile Swim and Sprint Triathlon) at the Cedar Hill Marina in Bivalve, Maryland and for more information check the web site: [www.nanticokeiverswimandtri.com/](http://www.nanticokeiverswimandtri.com/)
- May 29<sup>th</sup> **USMS 1 Mile Open Water Championships** – Lake Norman in Charlotte, NC ... [www.ncmasters.org](http://www.ncmasters.org)
- May 29<sup>th</sup> **Great Hudson River 1.3 Mile Swim** ... [www.nycschwim.org](http://www.nycschwim.org)
- May 30<sup>th</sup> **Jim McDonnell 1 Mile and 2 Mile Lake Swim** (1/2 Mile course) – Lynn Hazlewood (contact via email) [lynhzlwd@USMS.org](mailto:lynhzlwd@USMS.org) or phone (703-786-7292) or <http://www.restonmasters.org>
- May 30<sup>th</sup> **5<sup>th</sup> Annual Nav-E-Sink or Swim (1.2 Mile or 2.4 Mile)** ... [www.sandyhookers.org](http://www.sandyhookers.org) or [www.navesinkswim.com](http://www.navesinkswim.com)
- May 30<sup>th</sup> **Beach-to-Beach One Mile or 3.5 Mile Ocean Swim** – St. Johns, Virgin Islands ... [www.friendsvnp.org/swim](http://www.friendsvnp.org/swim)
- June 5<sup>th</sup> **Potomac River 7.5 Mile Swim** - Point Lookout State Park, MD ... Contact [cherylw@crosslink.net](mailto:cherylw@crosslink.net)
- June 6<sup>th</sup> **18<sup>th</sup> Annual Alcatraz Sharkfest 1.5-Mile Swim** in San Francisco, California ... [www.envirosports.com/events](http://www.envirosports.com/events)
- June 6<sup>th</sup> **USMS 1–3 Mile Open Water Championships (1.5 miles)** – Lake Del Valle, Livermore, CA – Bill McCracken (925-216-7918) [mccracmiiler@pacbell.net](mailto:mccracmiiler@pacbell.net) or John Crane [crane1@ltnl.gov](mailto:crane1@ltnl.gov) ... [www.usms.org](http://www.usms.org)
- June 12<sup>th</sup> **Manhattan Island Marathon 28.5-Mile Swim** held in NYC ... [www.nycschwim.org](http://www.nycschwim.org)
- June 12<sup>th</sup> **12.5 Mile Swim Around Key West** in Key West, Florida ... [www.fkccswimaroundkeywest.com](http://www.fkccswimaroundkeywest.com)  
For more information please contact the event director Lori Bosco at [AquaLB@aol.com](mailto:AquaLB@aol.com)
- June 13<sup>h</sup> **Jordan Lake Open Water Challenge** (Pittsboro, NC) – Contact Marty Gaal at [marty@osbmultiposport.com](mailto:marty@osbmultiposport.com) or (407-256-2658). See website: [www.triangleopenwater.com](http://www.triangleopenwater.com)
- June 13<sup>th</sup> **4.4 Mile CHESAPEAKE BAY SWIM** (8 a.m. 1<sup>st</sup> wave start) - <http://www.lin-mark.com>
- June 13<sup>th</sup> **1 Mile Chesapeake Bay Challenge Swim** (7:45 a.m. 1<sup>st</sup> wave start) – <http://www.lin-mark.com>
- June 13<sup>th</sup> **Donny Fund Swim** – Yacht Club of Pleasantville, NJ – 8 a.m. informal swim (fundraiser for kids with cancer) [www.johnsykescompany.com/giving.html](http://www.johnsykescompany.com/giving.html)
- June 13<sup>th</sup> **EagleFest 1.2-Mile River Swim** held in Cambridge, Maryland ... [www.tricolumbia.org](http://www.tricolumbia.org)
- June 19<sup>th</sup> **Against the Tide 1 Mile Swim** – Hopkinton State Park in Hopkinton, MA ... [www.mbcc.org/swim](http://www.mbcc.org/swim)
- June 19<sup>th</sup> **Park to Park 1-Mile Swim** held in NYC ... [www.nycschwim.org](http://www.nycschwim.org)
- June 19<sup>th</sup> **15<sup>th</sup> Annual Plunge For the Patients** in Wildwood, NJ ... [www.plungeforpatients.org](http://www.plungeforpatients.org) ~~ CANCELLED!
- June 19<sup>th</sup> **Against the Tide 1 Mile Swim** - Hopkinton State Park, Hopkinton, MA ... [www.mbcc.org/swim](http://www.mbcc.org/swim)
- June 19<sup>th</sup> **Flowers One Mile Sea Swim** – Grand Cayman Island (British West Indies) [www.flowersseaswim.com](http://www.flowersseaswim.com)
- June 19<sup>th</sup> **USMS 3–6 Mile Open Water Championships (6 km)** – Lake Water Valley, Windsor, Colorado -- Karen Reeder (719-592-1923) [dksreeder@skybeam.com](mailto:dksreeder@skybeam.com) or Jeff Magouirk (303-596-6993) [swimwithfishes@earthlink.net](mailto:swimwithfishes@earthlink.net) ... [www.usms.org](http://www.usms.org)
- June 25<sup>th</sup> **Liberty Island 1.2km Swim** ... [www.nycschwim.org](http://www.nycschwim.org)
- June 25<sup>th</sup> **1 Mile Bay Swim** held at Kennedy Park, Somers Point, NJ ... (609-398-6900) or [www.lmsports.com](http://www.lmsports.com)
- June 26<sup>th</sup> **12<sup>th</sup> Annual 1.3 Mile or a 5 K Bridge to Bridge Bay Race**, in Atlantic City, NJ ... [www.acacswim.org](http://www.acacswim.org)
- June 26<sup>th</sup> **2010 ACAC Middle Atlantic Open Water Championships** held in Atlantic City, NJ ... [www.acswim.org](http://www.acswim.org)

- June 26<sup>th</sup> **Asbury Park Ocean Mile** – Asbury Park, NJ ... for information contact [peter@newjerseyraceclub.com](mailto:peter@newjerseyraceclub.com) or call (732-319-0282) or register online at [WWW.RaceForum.Com/TripleCrown](http://WWW.RaceForum.Com/TripleCrown)
- June 27<sup>th</sup> **Jack King 1-Mile Ocean Swim** - Virginia Beach, VA ... [www.vaswim.org](http://www.vaswim.org)
- July 3<sup>rd</sup> **Bradley Beach 1 Mile Ocean Swim** in Bradley Beach, NJ ... [www.raceforum.com](http://www.raceforum.com) or [bbguard1@msn.com](mailto:bbguard1@msn.com)
- July 10<sup>th</sup> **1-Mile Ocean Swim 14<sup>th</sup> Annual Swim For the Dolphins** Wildwood Crest, NJ - [www.lmsports.com](http://www.lmsports.com) ~ **CANCELLED!**
- July 10<sup>th</sup> **19<sup>th</sup> Annual Swim for Life - 1, 2, 3, 4, 5 Mi Swims** - Chestertown, MD – [www.swimdcac.org](http://www.swimdcac.org) or Contact Nell Orscheln directly at [nellorscheln@gmail.com](mailto:nellorscheln@gmail.com)
- July 10<sup>th</sup> **Riverside Park Tune Up 1.5K Swim** held in NYC ... [www.nycswim.org](http://www.nycswim.org)
- July 10<sup>th</sup> **Avon by the Sea** (One Mile) – 8 a.m. Start and register at the Hall Aquatic Club pool and swim at Norwood Beach.
- July 10<sup>th</sup> **USMS 2-Mile Cable Swims** – Chris Green Lake, Charlottesville, VA -- Dave Holland (804-282 6224) or Chris Stevenson [cstevens@richmond.edu](mailto:cstevens@richmond.edu) ... [www.vaswim.org](http://www.vaswim.org) ... [www.usms.org](http://www.usms.org)
- \*\* July 11<sup>th</sup> **1 Mile & 2 Mile Lehigh River Swim** held in Allentown, PA ... [www.emacswim@rcn.com](mailto:www.emacswim@rcn.com)
- July 17<sup>th</sup> **Save The Bay – Narragansett 1.7 Mile Bay Swim** ... (401-272-3540) or [www.savebay.org](http://www.savebay.org)
- July 17<sup>th</sup> **Greenwich Point One Mile Swim** - Greenwich, CT ... [www.gscevents.org](http://www.gscevents.org)
- July 17<sup>th</sup> **30<sup>th</sup> Annual 1-Mile Masters Ocean Swim** at 6:30 p.m. in Ocean City, NJ ... [www.LMSPORTS.COM](http://www.LMSPORTS.COM)
- July 17<sup>th</sup> **Annual Manning Ocean Mile Swim** 8:30 a.m. in Sea Bright, NJ ...contact [peter@newjerseyraceclub.com](mailto:peter@newjerseyraceclub.com) or call (732-319-0282) for information or [www.sandyhookers.org](http://www.sandyhookers.org) or register online at [WWW.RaceForum.Com/TripleCrown](http://WWW.RaceForum.Com/TripleCrown)
- July 17<sup>th</sup> **1-Mile Ocean Swim 10<sup>th</sup> Annual Spring Lake Ocean Mile** at 9:30 a.m. in Spring Lake, NJ ... [www.raceforum.com](http://www.raceforum.com)
- July 17<sup>th</sup> **USMS 6+ Mile Open Water Championships (10 km)** – Morse Reservoir, Noblesville, Indiana -- Dick Sidner (317-695-9885) [dsidner@gmail.com](mailto:dsidner@gmail.com) ... [www.usms.org](http://www.usms.org)
- July 24<sup>th</sup> **Little Uno & Big Deuce** (1 and 2 Mile Swims) (Pittsboro, NC) – Contact Marty Gaal at [marty@osbmultisport.com](mailto:marty@osbmultisport.com) or (407-256-2658). See website: [www.triangleopenwater.com](http://www.triangleopenwater.com)
- July 24<sup>th</sup> **2<sup>nd</sup> Annual Barnegat Light One Mile Swim** – Contact Race Director: Barnegat Light Life Guard John Schulze at [johnschulze@yahoo.com](mailto:johnschulze@yahoo.com) or L&M Sports at <http://lmsports.com/barnswim.pdf> or Barry Smith ([barry.smith@umly.org](mailto:barry.smith@umly.org))
- July 24<sup>th</sup> **21<sup>st</sup> Annual Lake Erie Open Water 1 Mile and 2 Mile Swims** ... Tom Spence at [Talltom13@msn.com](mailto:Talltom13@msn.com)
- August 1<sup>st</sup> **Governors Island 2-Mile Swim** held in NYC ... [www.nycswim.org](http://www.nycswim.org)
- \*\*August 1<sup>st</sup> **Manasquan One-Mile Ocean Swim** in Manasquan, NJ – Contact (732-610-3534) or [squanlg4life@yahoo.com](mailto:squanlg4life@yahoo.com) for the Manasquan High School Swim Team Parents Organization
- August 1<sup>st</sup> **John Boyd Memorial 1 Mile Ocean Swim** in Seaside Heights, NJ – Contact the Lifeguard Association of Seaside Heights (732-793-4646) or see [www.compucore.com](http://www.compucore.com)
- August 1<sup>st</sup> **Shana Ocean Swim Race** (One Mile) – Monmouth Beach, NJ -- [www.theshanafoundation.org](http://www.theshanafoundation.org)
- August 7<sup>th</sup> **Swim Across the Sound – 25K Open Water Swim** in Bridgeport, CT ... [www.swimacrossthesound.org](http://www.swimacrossthesound.org)
- \*\*August 7<sup>st</sup> **1 & 2 Mile – Gilbert Lake State Park** in Oneonta, NY ... [bobverna@wpe.com](mailto:bobverna@wpe.com)
- \*\*August 7<sup>th</sup> **“Rainbow/Lakes Bay Swim”** at the Yacht Club of Pleasantville (609-641-0393) located at Bayview Avenue & Bay Drive, Pleasantville, NJ – starts at 5 p.m. Contact race director: Contact John Glassy at [drjgfromac@aol.com](mailto:drjgfromac@aol.com) or (609-641-8666) or [www.sjfieldofdreams.com](http://www.sjfieldofdreams.com) or [www.johnsykescompany.com/giving.html](http://www.johnsykescompany.com/giving.html).
- August 7<sup>th</sup> **Beware of the Barracuda Open Water Swims** at the Eagle Rock Resort in Hazleton, PA. Your choice to enter either a 1650-yards or 2-Mile Swim. Contact Rob Gould at [robgould@ymca-ywca-of-hazleton.org](mailto:robgould@ymca-ywca-of-hazleton.org), or (570) 455-2046 ext 127.
- August 7<sup>th</sup> **Mid Summer 1 ½ Mile Ocean Swim** held in Lavallette, NJ ... [www.ocymca.org](http://www.ocymca.org)
- \*\*August 7<sup>th</sup> **22.5 Mile Around the Island Marathon Ocean/Bay Swim** in Atlantic City, NJ ... [www.acswim.org](http://www.acswim.org)

- August 8<sup>th</sup> **14<sup>th</sup> Annual YMCA Lake Champlain Shore-to-Shore Swim** – Burlington, VT (802-862-9622) or [www.gbymca.org](http://www.gbymca.org)
- August 14<sup>th</sup> **Island Beach Two Mile Swim** - Greenwich, CT ... [www.gscevents.org](http://www.gscevents.org)
- August 14<sup>th</sup> **Annual Boston Light 8-Mile Swim** held in Boston, MA ... [www.bostonlightswim.org](http://www.bostonlightswim.org)
- August 15<sup>th</sup> **Belmar Ocean Mile** – Belmar, NJ ... for information contact [peter@newjerseyraceclub.com](mailto:peter@newjerseyraceclub.com) or (732-319-0282) or register online at [WWW.RaceForum.Com/TripleCrown](http://WWW.RaceForum.Com/TripleCrown)
- August 15<sup>th</sup> **Ray Licata Memorial 1 Mile Ocean Swim** in Long Branch, NJ ... [www.raylicatamemorials swim.com](http://www.raylicatamemorials swim.com)
- August 15<sup>th</sup> **Pennock Island Challenge – 8.2 Mile Swim** – Ketchikan, Alaska ... [www.alaskateamada.com](http://www.alaskateamada.com)
- August 21<sup>st</sup> **Against the Tide 1 Mile Swim** – Nickerson State Park in Brewster, MA ... [www.mbcc.org/swim](http://www.mbcc.org/swim)
- \*\*August 21<sup>st</sup> **1 Mile YATES Swim** - Atlantic City, NJ – starts at 6:45 p.m. (Albany Avenue & the ocean) ... [www.ACBP.org](http://www.ACBP.org)
- August 21<sup>st</sup> **32<sup>nd</sup> Annual Clean Harbor Swim** – Niles Beach, Gloucester, MA ... [clean.harbor.swim@comcast.net](mailto:clean.harbor.swim@comcast.net)
- \*\*August 22<sup>nd</sup> **14<sup>th</sup> Annual Captain Tuner Ocean Swims** in Longport, NJ ... [www.oceancityswimclub.org](http://www.oceancityswimclub.org) or Call (609-822-3898)
- \*\*August 28<sup>th</sup> **Sea Girt Beach Ocean Mile Swim** in Sea Girt, NJ – 8 a.m. start and register at Beach Blvd. & Ocean Avenue
- August 29<sup>th</sup> **Nuclear Swim at Harris Lake** (New Hill, NC) – Contact Marty Gaal at [marty@osbmultiposport.com](mailto:marty@osbmultiposport.com) or (407-256-2658). See website: [www.triangleopenwater.com](http://www.triangleopenwater.com)
- August 29<sup>th</sup> **1 Mile Brigantine Bayfest Swim** in Brigantine, NJ – Contact John E. Livezey at [DELIVER10@aol.com](mailto:DELIVER10@aol.com) or (609-233-6047) or phone the Brigantine Elks Club at (609- 266-9826)
- Sept. 4<sup>th</sup> **82<sup>nd</sup> Annual 1.5 Mile AC Pageant Ocean Swim** in Atlantic City, NJ ... [www.ACSwim.org](http://www.ACSwim.org)
- Sept. 11<sup>th</sup> **Provincetown Harbor Swim for Life** in Provincetown, MA ... [www.swim4life.org](http://www.swim4life.org)
- Sept. 11<sup>th</sup> **Brooklyn Bridge 1K Swim** held in NYC ... [www.nycs swim.org](http://www.nycs swim.org)
- \*\*Sept. 11<sup>th</sup> **Second Beach Ocean Swims** - Middletown, Rhode Island – [Michael.Garr@navy.mil](mailto:Michael.Garr@navy.mil) or [www.tnaf.org](http://www.tnaf.org) (608-302-2526)
- Sept. 18<sup>th</sup> **15<sup>th</sup> Annual Alcatraz Invitational Swim** – South End Rowing Club (San Francisco, CA) ... [www.south-end.org](http://www.south-end.org)
- Sept. 19<sup>th</sup> **4<sup>th</sup> Annual Wharf to Wharf Swim** – Williams Wharf Landing, Virginia – 1400 Meter Swim crossing the East River of Mobjack Bay (off the Chesapeake Bay) – Minimum of \$100 in sponsorships to swim to benefit Mathews Land Conservancy and for more information and registration see “Events” at [www.mathewslandconservancy.com](http://www.mathewslandconservancy.com)
- Sept. 25<sup>th</sup> **1 & 2 Mile Bay Swim – September Splash** in Wildwood Crest, NJ ... [www.LMSPORTS.com](http://www.LMSPORTS.com) or [www.wwcs swim.org](http://www.wwcs swim.org)
- Sept. 25<sup>th</sup> **Little Red Lighthouse 5 Mile Swim** held in New York City, NY ... [www.nycs swim.org](http://www.nycs swim.org)
- Oct. 10<sup>th</sup> **15<sup>th</sup> Annual St. Croix 5 Mile Open Water Swim** ... [www.swimrace.com](http://www.swimrace.com)
- Oct. 13<sup>th</sup> **Open Water Swim Vacation** – La Paz Mexico – October 13<sup>th</sup> to 30<sup>th</sup> 2010 (8 days & 7 nights adventure trips). Contact Gary Emich at: [www.bajaex.com/ChooseYourAdventure/SwimmingExpedition.html](http://www.bajaex.com/ChooseYourAdventure/SwimmingExpedition.html)
- Oct. 16<sup>th</sup> **Gertrude Ederle Swim (17.5 Miles)** – Starts in NYC and finishes at Sandy Hook, New Jersey ... [www.nycs swim.org](http://www.nycs swim.org)
- Oct. 17<sup>th</sup> **Bermuda Round the Sound EcoSwim** ... [www.AquaMoonAdventures.com](http://www.AquaMoonAdventures.com) or [info@RandyNutt.com](mailto:info@RandyNutt.com)
- Dec. 5<sup>th</sup> **10<sup>th</sup> Annual Bonaire EcoSwim 10K, 5K, 3K & 1K Swims** in Bonaire, Netherlands Antilles ... [info@RandyNutt.com](mailto:info@RandyNutt.com) Information and Entry ... [www.AquaMoonAdventures.com](http://www.AquaMoonAdventures.com)